

INTEREST GROUPS FOR FUN AND GROWTH

ADVENTURERS – Outings in Simcoe County and beyond

BOOK CLUBS -- Classic, contemporary, and murder mystery + a monthly book exchange

EUCHRE BABES -- Cards and camaraderie

FOOD DIVAS – Everything food including dining

GARDEN CLUB -- Gardening hints & passions

GOLF GALS -- Hit the ball for fun

INTERNATIONAL DINING – Prepare & savour the world's food

LUNCH BUNCH – Try different restaurants

MOVIE MOGULS -- Afternoon movies followed by dinner

TRAVELLERS -- Travel plots and plans

WALKING LADIES -- Keep fit in good company

WINE TASTERS -- Try different vintages

OUR PURPOSE

The Canadian Federation of University Women (CFUW/FCFUDU) is a leading national equality-seeking organization that works to advance the human rights of women and girls.

- i. Promote high standards of public education in Canada, advanced study and research by women, and a sound concept of lifelong learning.
- ii. Advocate for the advancement of the status of women, human rights and the common good locally, nationally and internationally.
- iii. Promote cooperation, networking, support and understanding among women.
- iv. Encourage and enable women to apply their knowledge and skills in leadership and decision-making in all aspects of political, social, cultural, educational and scientific fields.

OUR VISION

Women and girls are educated and empowered to make transformative change in the world.

OUR MISSION

Promote and enable women's fellowship, continuous learning and empowerment to achieve educational and economic equality and social justice.

OUR GOALS

- i. Advancement of the status of women, human rights and the common good locally, nationally and internationally through effective mission-focused advocacy.
- ii. Promotion of women as leaders and decision-makers.
- iii. Support of public education in Canada, advanced study and research by women, and promotion of lifelong learning.
- iv. Engagement of diverse, vibrant and committed members based on cooperation, networking, support and understanding.
- v. CFUW is known as a movement of influence through collaborative engagement internally and externally.
- vi. Financial independence and organizational stability ensure our voice and grow our influence.

THE POWER OF WOMEN WORKING TOGETHER

2023—2024

**Improve the Lives of Women and
Girls through Advocacy and
Scholarships**

Develop leadership skills

Be Informed by our Speakers

**Enjoy Fun, Friendship, and
Entertainment**

www.cfuwbarrie.ca

PRESIDENT'S MESSAGE

CONGRATULATIONS MEMBERS OF CFUW B&D!

Our Club is officially 25 years old & growing as a special women's organization devoted to providing engaging, informative, and insightful programming and interest group activities suitable for all. CFUW B & D is voluntary, non-profit, self-funded. It is one of over 100 CFUW Clubs in Canada.

In the 25 years since our founding members came together to form this Club, CFUW Barrie & District has stayed true to our mission to enhance a national independent CFUW organization and to sustain a provincial CFUW Ontario Council. All three levels of CFUW seek to promote women's fellowship, continuous learning, and empowerment to achieve educational equality and social justice.

CFUW membership is open to any woman who shares the goals of CFUW.

CFUW B & D provides many opportunities to:

- Be with like-minded women.
- Engage in interest groups. & fun activities.
- Continue life-long learning by hearing noted, knowledgeable speakers, and attending informative webinars.
- Contribute to the CFUW B & D Scholarship Trust Fund which awards annual scholarship awards to high school students and a student in special need.
- Form long lasting friendships.

CFUW Barrie & District Members are looking forward to greeting you at our monthly meetings beginning on September 27, 2023. Check our website for more information at www.cfuwbarrie.ca

Vi Andersen
President 2022-2024
CFUW Barrie and District



THE POWER OF WOMEN WORKING TOGETHER
LA PUISSANCE AU FÉMININ: ENSEMBLE POUR RÉUSSIR.

CFUW MEETING DATES AND PROGRAM 2023-2024

WEDNESDAY SEPTEMBER 27/23, 7pm

"Cannabis: For the User & For the Curious"

Speakers Annie and Amanda,
High Ladies Podcasters

WEDNESDAY OCTOBER 25, 7pm OPEN

At Barrie City Hall Rotunda

"Affordable Housing Alternatives: A Panel"

Discussion with Regional Representatives
Hosted by the Advocacy Committee

WEDNESDAY NOVEMBER 22, 7pm

"75 Years of Canadian Peacekeeping"

Speaker: Bob George, Co-Founder of
The Base Borden Peace Garden

WEDNESDAY DECEMBER 13, 11:30 am

Christmas Luncheon. Celebrate the Holidays
Secret Santa Consumable Gift Exchange

WEDNESDAY JANUARY 24, 2024

11:30am LUNCH AND LEARN

"Brook to Bay: Restoring the Nottawasaga
River" Speaker: Fred Dobbs, Manager,
Stewardship Program, Nottawasaga Valley
Conservation Authority

WEDNESDAY FEBRUARY 28

11:30 am LUNCH AND LEARN

"From High Tea to Pow Wows - A Story of
Identity" Speaker: Angela Cimino, Sanofi
Canada, Diversity, Equity & Inclusion Council

WEDNESDAY MARCH 27, 6pm

Resolutions Meeting & Potluck Dinner
"Helping to Shape CFUW Policy"

WEDNESDAY APRIL 24, 7pm

"Forest Bathing"

Speaker: Beth Foster, Nature & Forest
Therapy Guide/ Trail Consultant

WEDNESDAY MAY 22, 7pm

CFUW Barrie and District AGM
Reviewing Our Year and
Planning for the Next One

WEDNESDAY JUNE 19, 5:30pm

ANNUAL GALA BANQUET

"42 Years in Barrie & Still There is No End to
Violence Against Women & Children"

Speaker: Teresa MacLennan,
Executive Director,
Women & Children's Shelter, Barrie